

African Research And Innovative Initiative For Sickle Cell Education

# Train-the-Trainer Workshop Abuja, Nigeria 11th – 13th September 2019

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## Confidentiality

- Is keeping a client's information safe and secure

Governance – legal Obligation

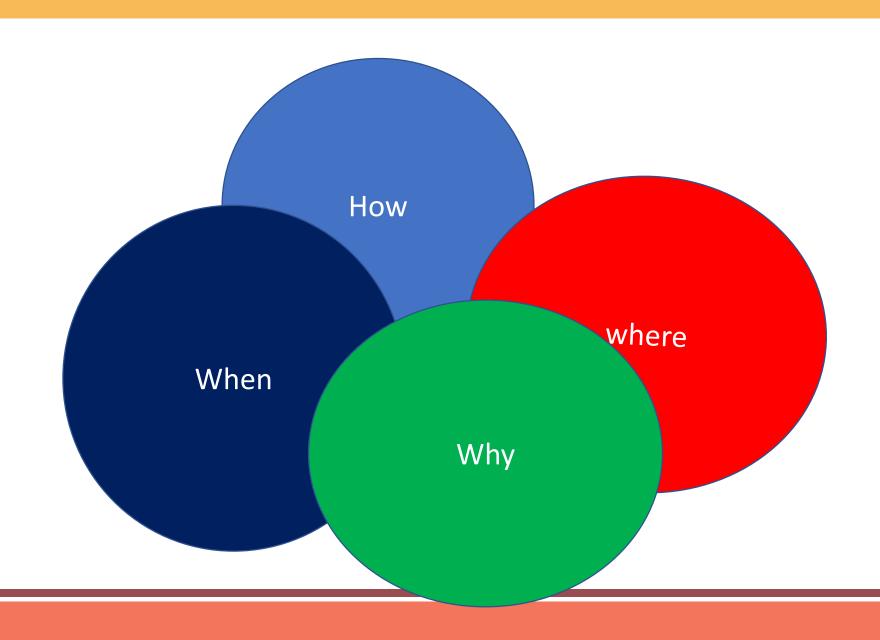
Code of Conduct- Medical / Nursing body (Professional registration)

Trust- Unspoken / disclosure

Documentations – Secure transferring and storage of personal and sensitive information



# Counselling





#### Why do you counsel

- Check client / couples pre counselling knowledge
- Build up knowledge
- Offer / cascade family screening
- Dispel myths
- Check cultural beliefs

How do we counsel? Non directive vs directive

With the couple or one parent present

Prenatal screening – use of visual aids, information leaflets.

What do you have in place currently



#### When / Where do we counsel?

In the hospital post delivery

At a home visit

On the 1<sup>st</sup> clinic appointment

Is the appointment with the nurse or medical doctor

Is there a scope to give results sooner?



### **Breaking bad News**

- No news is good news terminology has no place in genetic counselling!
- Giving bad news should be done in a sensitive manner
- At the right time
- In a conducive environment
- Use of appropriate language
- Allow time for client / patient to process the information
- Silence is acceptable
- Reflection
- Next step





#### Thank You







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